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# New investment bond !

# Performance Tracker 3

Performance Tracker 3 is a great investment option for the cautious investor. Your investment is protected, plus you have access to the potential growth of the EURO STOXX 50 Index - Europe's leading index for the Eurozone.

Your potential investment return at the end of the investment term (before tax).

Capital protection 100%



75% of the potential growth in the EURO STOXX 50 Index (up to a maximum index growth of 50%). The maximum potential return you could receive is 37.5% (before tax) of your amount invested.

Irish Life

#### Averaging protection

Over the final 12 months of your investment, we smooth out the ups and downs in the values of the EURO STOXX 50 Index. This can reduce the effect of any falls in the value of the index but can also reduce how much your investment grows in value.

Why Irish Life's Performance Tracker 3?	
No. 1	Irish Life Investment Managers are Ireland's No. 1 Investment managers when it comes to
	the amount of money we manage for Irish people.
Awards	Irish Life were voted Top Life Company by the Professional Insurance Brokers Association
	(PIBA) in 2011 and also by the Irish Brokers Association (IBA) in 2010, 2011 and 2012.
Strength	8 of the 10 biggest Irish companies and 6 of the 10 biggest US companies have pensions with Irish Life

#### Key dates

Closing date Investment start date You cannot cash in your investment before 8 November 2013 (or earlier if too many applications received) 18 November 2013 18 June 2019 (a term of 5 years 7 months)

Warning: If you invest in this product you will not have access to your money until 18 June 2019 Warning: The value of your investment may go down as well as up.

Full details of Performance Tracker 3 are included in the product booklet and terms and conditions and these should be read in full before you complete an application. Minimum Investment €20,000.

#### Independent, proprietor run insurance brokerage ... we're on your side!



## 021 4772001 021 4772332

OPEN 9am - 5pm MONDAY TO FRIDAY (OPEN DURING LUNCH) PJF INSURANCES LTD. IS REGULATED BY THE CENTRAL BANK

Web: www.pjfitzgeraldinsurance.com

Email: info@pjfitzgeraldie

**Spaniard** SCILLY, KINSALE Tel: 477 2436 | www.thespaniard.ie

> ~ Live Music ~ Friday 4th October Jug A Punch, 10.00pm Saturday 5th October

For Folk Sake, 10.00pm

Food Served 12-3pm Monday to Friday All Day Saturday & Sunday RESTAURANT from 6pm (Closed Tuesday & Thursday) Private Parties Catered For Call 021 4772436 for details

# THE **BENEFIT OIO** NIALL MCCABE

SATURDAY 12TH OCTOBER 15EURO INCLUDES: BBQ @ 8:00 BANDS @ 9PM BUS FROM KINSALE RT

> Tickets on sale in Diva, Ballinspitti A Kaka, Kinsal

FOR MORE INFO

alus support

Denations at door welcom Raffie with great prized All proceeds go to the bring them home' fund TICKET SALES DETAILS & Complimentary buses See Facebook page Bring them home

OR CALL 086 606 2934

#### www.bringthemhome.ie

#### Carrigaline Hypnotherapy & CBT Centre

Serving Kinsale, Carrigaline, Ballygarvan & surrounding areas.

Stop Smoking in One Session Weight Loss - Gastric Band Hypnosis using HypnoBand System

#### SUSAN MCELLIGOTT



Clinical Hypnotherapist, CBT, Reiki, successfully treats anxiety, depression, phobias, OCD, IBS, confidence, relationship/ marital conflict issues, in fact any emotional issue.

Please take a look at my website for further information www.carrigalinehypnotherapy.com or call Susan on 021 4373057 or 086 8776935



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# THE Guardwell, Kinsale Prop. Donna Murphy HOUSE OF HAAIR

#### CELEBRATING 8 YEARS on 1st October.

Donna & the girls are very grateful for all your support over the years & hope to see you for many more to come.

## €100 GIVEAWAY

Entry into draw for €100 Voucher with every Colour (Mesh etc) & every Wash, Cut & Blow Dry From 4th Oct - 31st Oct

Blow Dry Bar STRAIGHT €10 CURLY €15 EVERY MON, TUES & THURS

CALL FOR APPOINTMENT: 021 477 2526 OPEN MON: FROM 10am TUES, WED & FRI: 9am-6pm THURS: 9am-LATE (BY APPOINTMENT) SAT: 8.30am-5pm



We offer a one-to-one professional service that puts you back in control. It is free, it is confidential and it has succeeded in putting many people back on the path to employment. We have a proven track record of recruiting the right people for our employers - such as hotels, call centres, retail outlets, IT companies and many more. FREE AND CONFIDENTIAL

Call for a no obligation appointment: Isabelle Sutton (Kiniale): 086 600 7964 Email: isabelle.ewc@gmail.com Darren Priest (Bandos): 086 810 1795 Email: darrenpriest.ewc@gmail.com

# EmployAbility Service

Eligibility criteria apply, i.e. recovering from an illness, injury, mental health or other health condition. Funded by The Department of Social Protection.



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# FUNDRAISER FOR CRUMLIN CHILDREN'S HOSPITAL

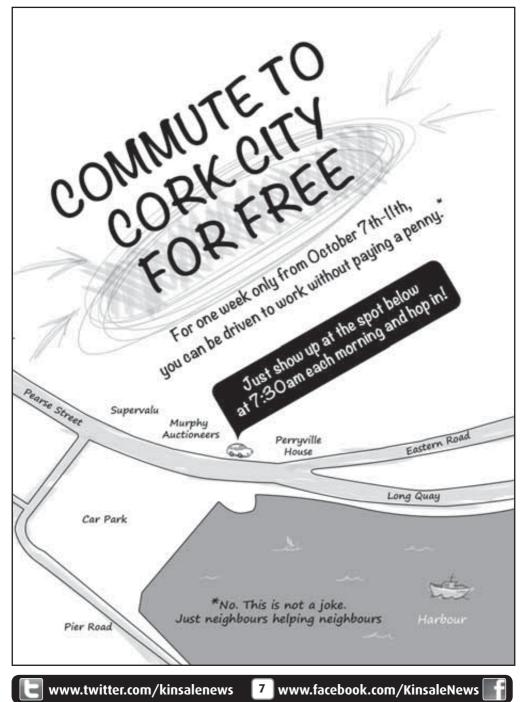
# TUESDAY 8TH OCT 10AM - 5PM PERRYVILLE Entire proceeds to C.C.H. VINTAGE TEA ROOMS KINSALE

Breakfast, Morning Coffee, Lunch, Afternoon Tea, Raffle on the Day.

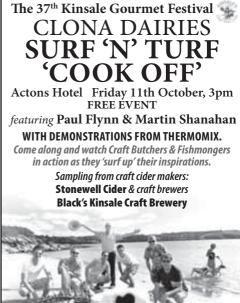




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#### Business Competition for Best Window Display

Dress your windows now for the Gourmet Festival. Friday 11th - Sunday 13th October

1st Prize: 2 tickets for the Mad Hatters Taste of Kinsale 2nd Prize: €100 GFC voucher. Winners will be notified on Thursday 10th October.



Looking for a present? Give a Good Food Circle Gift Voucher. Can be used in 11 restaurants and available for purchase from Actons Hotel, Finishing Services, Trident Hotel, White House.

Check out our new website www.kinsalerestaurants.com Tel: +353 21 4773571 www.facebook.com/Good.Food.Circle

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#### Laura Hagger Podiatry Clinic D.Pod.M., M.Ch.S.I, S.R.Ch. SPECIALIST FOOTCARE/CHIROPODY CENTRE

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Effective drug free

with the Laser Genesis Plus!

treatment for onychomycosis.

Blast those verrucae and warts

- Routine Footcare
- Specialist Diabetic Footcare
- Nail Surgery
- Orthoses & Insoles
- Sports Injuries
- Children's Foot Health
- Verruca Treatment
- Acupuncture
- House calls now available

Health
 Board
 Approved

By Appointment: 021 477 9578 No. 26 Haven Bay Apt, Ballinacubby, Kinsale



#### CLINIC FOR Physical Therapy - Rehabilitation Functional Exercise 26 Haven Bay Apts., Kinsale

#### Some Conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions

- Hip Pain/ Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair

- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

Please call for your appointment: Sabine Graef (BEd., SMT, NMPT) Mob. 087 9872783 Email: sabinegraef@eircom.net

#### No. 26 Haven Bay Apt, Ballinacubby, Kinsale

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## MYLIE MURPHY'S SHOP





Sunglasses • Low Vision Aids • Prescription Sunglasses Domiciliary/ Home visits • Medical Cards/PRSI welcome Contact Lenses • Coloured Contact Lenses • Safety Spectacles

Full Eye Examinations Including: Glaucoma Screening ✓ Diabetic Screening if Necessary

✓ Age Related Macular Degeneration Screening

OPEN TUESDAY-THURSDAY: 9.30am-5.30pm FRIDAYS: 8.30am-5.30pm (Closed for Lunch 1-2pm) & SATURDAYS: 9.30am-3pm (Open through Lunch)

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Thank you for volunteering

# **Volunteer Training**

Tuesday 8th, 15th & 22nd October

7.00pm—10.00pm

At The Friary Centre, Kinsale

To register and for further information contact Liz at 4709700



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Tel: 087 783 9626 www.kinsalebeautysalon.com Gift Vouchers available • Salon open Monday to Saturday

Back/Neck/Shoulder Massage (30mins) Only €20 Multi-Vit Full Body Massage (60mins) Only €40 Swedish Massage (60mins) Only €40 **Deep Tissue Massage** (60mins) Only €40 Sports Massage (60mins) Only €40 Golfer's Massage (60mins) Only €50 • 30% More Energy • De-Stress & Relax Benefits of massage include • Lowers Blood Pressure • Improves Concentration



TRAINER Only €5 per session THERMO ACUPRESSURE MASSAGE BED

**INTENSIFIT** 

Only €20 per 40min session

# **Autumn Special Offer** on Massages

Our 90 minute Massage *Now Only*  $\in$  45 (usually  $\in$  65)

Only on Monday, Tuesday and Wednesday.

- With EVERY Facial booked get a FREE Eyelash Tint & Eyebrow Tint & Shape
- 60 minute Massage & 60 minute Facial *only* € 80

Book early to avoid disappointment!!



#### SOUTH & WEST CORK DEBT RESOLUTION SERVICE

We offer a specialist debt resolution service for Individuals and Businesses who are having difficulties with bank and other debt arising from:

- The Loss or Closure of a Business
- Failed/Bad Investments Rental Properties
- Personal Guarantees
- Leases, Machinery and Farm Loans etc.
- Loss of Income

WE WILL NEGOTIATE DEBT RE-STRUCTURE, SETTLEMENT OR DEBT WRITE-OFF ON YOUR BEHALF. With our proven track record we can help you.

Confidentiality Assured. Day, Evening and Weekend Appointments Available. PLEASE PHONE **086 601 5042 9am - 8pm Monday - Friday** 

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Ladies, Gents, Boys & Girls Bikes, all different sizes and colours. We even build and safety check all our bikes with no additional charge & we can store it for you, no probs!

Be Prepared.... ...Join our Christmas Club

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- Bar & Restaurant Menus Available
- Lite Bite Menu
- Special Value Menu
   2 Courses: €20
   3 Courses: €25
- Lunch Menu
   & Daily Specials
   Sunday Lunch

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Gift Vouchers Available\*

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F: 021 4773243 E: info@kinsaletiles.com www.kinsaletiles.com CARPETS • BATHROOMWARE • FULL RANGE OF TILES • FULL RANGE OF TIMBER FLOORS

# Let visitors know what's on your menu for the Kinsale Gourmet Festival

# KINSALE ADVERTISER

Published on Friday 11th October Artwork/copy required by Monday 7th October at 12 noon

Email: info@kinsaleadvertiser.com www.facebook.com/KinsaleNews Twitter: @kinsalenews







MENU Served in the Bar TUESDAY - SUNDAY Sample Menu

Homemade Scampi with Homemade Tartar Sauce & Salad €11.50

Harp Battered Fish & Chips with Homemade Tartar Sauce

**€10.50** 

Toddies Homemade Lobster Risotto €15.50

Thai Green Curry with Jasmine Rice €12.50

> Slow Roasted Pork Belly with Asian Vinaigrette €14.50

Scallops, Calamari, BBQ Ribs & much more...

Please note this is a sample menu and changes every evening.



**Bulman Bar** & Toddies Restaurant SUMMERCOVE, KINSALE

Bar Food Served Daily from 12.30pm

Restaurant Open Tuesday - Sunday from 6.00pm

Saturday 5th Oct 10pm LIVE MUSIC Sunday 6th Oct From 7pm TRAD SESSION

#### T: 021 477 2131 www.thebulman.ie



It is widely understood that negative effects of anxiety, depression, drug & alcohol addiction, self-harm, suicide and adverse relationships have a significant impact on the mental health of our young people and their families.

Are you concerned about your own or someone else's Health and Wellbeing?

FOR FREE AND CONFIDENTIAL advice and support contact Youth Health Support Worker, Tom Walsh Mobile: 085 8725789 Office: 021 4774772 Email: tom@kyss.ie Kinsale Youth Support Service, Church Sq., Kinsale

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#### NOW TAKING BOOKINGS FOR OUR FITNESS CLASSES



- Aqua Aerobics
- Reebok Cycle
- Fit Over 50s
- Pilates
- Yoga
- Circuits

€10 per class for non-members
€5 per class for members
\*Yoga €7.00 per class
for members

Bookings are essential. For more information please call 021 4779900

#### SWIM & LIGHT LUNCH Come and relax in the Health & Fitness Club at Actons of Kinsale.

Experience the pool facilities including Spa Neck & Body Jets, Sauna & Steam Room and afterwards enjoy a Bowl of Homemade Soup & Sandwich in Sidney's Bar. Served from 12 noon to 2pm €18.00 per adult

For more information please contact 021 477 9900 leisure@actonshotelkinsale.com | www.actonshotelkinsale.com

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# THE LAST DELIVERY OF 131 FLEET CARS HAVE ARRIVED

#### **FULL MANUFACTURERS** WARRANTY

#### 3 YEARS SERVICING AVAILABLE





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# **Come Home for Your Tea** A very special weekend of free events celebrating the Gathering



All events are free and non-ticketed

#### BANTER HOSTED BY JIM CARROLL

Philip King | Darina Allen | Patrick Guinness | Colm Mac Con Iomaire | Una Mullally | Manchán Magan Caroline Hennessy | Ciaran Fitzgerald | Gerry Godley | Damien Mulley | Tim Magee

Saturday 12 October 2pm @ The Black Pig Wine Bar & Café 3.30pm @The Folk House 5pm@ The Seanachai

Sunday 13 October Banter at Charles Fort 12-4pm

Enjoy tea and special offers throughout the weekend at the Giles Norman Gallery, Hilary Hale and Louise McKeon Studios.

### Full details kinsaleartsfestival.com/tea

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To book classes please contact Greg The Barber or phone 087 962 11 58 Email: kinsale.academy@gmail.com



#### Beautiful Plantation Shutters from The Blind-Maker.

The leading Plantation Shutter specialists in Munster.



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# Spectacularly located on Kinsale's waterfront

Why don't you call round for a bite to eat or have a drink and enjoy the view of Kinsale Harbour

#### Award-winning Pier One Restaurant

With something for everyone, our à La Carte menu will always keep you coming back for more!

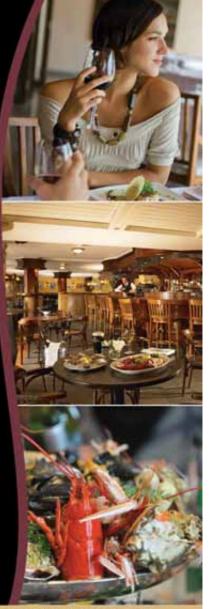
#### Wharf Tavern

NEW Extensive Bar / Snack menu available from noon daily

Very popular Carvery served daily is a lunchtime favourite.

Live Music Saturday 5th October Easybeats

FREE WiFi available to customers in the Wharf Tavern



World's End, Kinsale, Co. Cork tel +353 (0)21 4779300 info@tridenthotel.com www.tridenthotel.com



# 10 Good Reasons to advertise in the

KINSALE ADVERTISER SERVING THE COMMUNITY FOR 24 YEARS!

- 1) The Definitive Guide to What's On In Kinsale!
- 2) Quality local advertising direct to your target market.
- 3) Most competitive and affordable advertising rates around for a product which we have improved vastly through the years: (A weekly full page mono costs just €66+vat, 19 years ago the same ad cost the equivalent of €57+vat!)
- 4) No extra charge for ad design.
- 5) Weekly & Monthly rates and further discounts for prepayment on block bookings.
- 6) Kinsale Advertiser is uploaded to www.kinsalenews.com every Thursday and is delivered to usual outlets every Friday morning - more people than ever before now see your ads!
- Follow us on Twitter @kinsalenews advertise your events and we will promote them to our followers on Twitter.
- 8) Full colour pages available.
- 9) Book your preferred space for upcoming events.... Kinsale Gourmet Festival, Kinsale Jazz Festival, Winter Offers, Christmas, New Year, etc....
- 10) The Kinsale Advertiser, the most effective way to let people know what your business has to offer.



Deadline: MEMBER Every Monday @ 12 noon Adverts CANNOT BE CONFIRMED UNTIL PAYMENT HAS BEEN RECEIVED IN FULL

> T: 021 477 4313 E: info@kinsaleadvertiser.com www.kinsalenews.com



T: 021 477 8243 www.speckleddoor.com

Spectacular Views of Kinsale Harbour from bar, restaurant, patio & beer garden! 10 minutes drive from Kinsale Ample Parking & Wheelchair Facilities



#### Food Served 7 Days 12.30pm - 7.45pm ~ Full Menu served all day ~

Also Kid's Menu & Selection of Sandwiches

#### Renowned for Lordan's T-Bone Steaks



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# Fasttrack Broadband Providing High speed broadband in your area!

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Contact Tristan on: 087 1211809

Ballinadee, Bandon, Co. Cork email: info@fasttrackbroadband.ie web: www.fasttrackbroadband.ie

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Spiderman Harry Potter Princess Castle Ballerina Shoes Dora The Explorer Winnie The Pooh Bob The Builder Dinosaur Hug Bear Motor Car Thomas The Tank Engine Teenage Mutant Turtle Buzz Lightyear Tweety Bird Batman Barney Christening Favourite Team And lots lots more!!



All Makes of Cars & Vans Serviced

FREE N.C.T. Check

FREE Collection & Delivery for servicing etc. in Kinsale area

Cars N.C.T.'d for you Vans D.O.E.'d for you

Damien Bowles or Adrian Wright T: 021 4700 811 M: 086 2544 297





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The Income Tax Return Deadline is fast approaching!

Contact me for an efficient, professional and reliable service at an affordable cost. Personal attention and the utmost confidentiality assured.

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Call for a free first consultation with no obligation. Flexible opening hours to suit you.

Unit 6 Riverside Grove, Riverstick, Co Cork Tel: 021 4771534 / 087 9294958 Email: denis@dcrowley.ie







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For Free Estimate Call 086 828 8831

waxing, painting, wood and veneer repairing. Call Greg at 086 084 9405

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Martin Holohan Professional Painter & Decorator INTERIORS & EXTERIORS Belgooly, Kinsale, Co. Cork. Call: 087 132 1792



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contact janice o'connell 086 277 0943

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# SITUATIONS VACANT

#### PART TIME SALES ASSISTANT REQUIRED

OFFICE SKILLS BENEFICIAL Please apply to Box No. 28/13 c/o Kinsale Advertiser, Emmet Place, Kinsale

#### DELI MANAGER / CHEF REQUIRED

Replies in writing to David Harrington, Eurospar, Kinsale



NURSE REQUIRED 3 nights per week Ardsley Nursing Home, Farran.

Contact: 021 733 1163



#### Part-time Receptionist Required

Minimum 1-2 years' experience in a hotel reception. Fluent English is a must. Please send CVs to hr@bluehavenkinsale.com

#### **CHILDMINDER REQUIRED**

to look after 1 year old in our own home. Experience and references essential.

Please phone 087 782 8911

#### SHOP ASSISTANT REQUIRED

Part-time, flexible hours. May suit student. Please apply to Box No. 26/13, c/o Kinsale Advertiser, Emmet Place, Kinsale.

# GRINDS/CLASSES

Maths Grinds 023 8849523 Kilbrittain Area, 18 years experience.

Second and Third level, Includes Project Maths.

PRIMARY SCHOOL GRINDS Wednesdays & Thursdays - Belgooly Area 12 Years Learning Support / Resource Experience. Early Intervention of Reading, Writing & Comprehension is beneficial. Anne-Marie 085 705 4004

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# PROPERTY

#### **3 BEDROOM HOUSE**

3 miles from Kinsale. 3 double bedrooms, 1 bathroom, large kitchen/ dining area, large separate living room & all modern conveniences. Available immediately for €750 p/m.

Contact: 087 9649034

#### ENSUITE ROOMS AVAILABLE 087 226 2101 087 202 6297

#### ROOM TO LET IN LARGE HOUSE Ballinspittle area. €350 p/m. Tel: 087 655 3178 after 6pm.

#### TO RENT: LANZAROTE

Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities. 5 minutes walk to the beach. 10 minutes from airport. Satellite TV including: RTE 1, Network 2, BBCs and ITV 087-2355 258 or 087-986 3302

2 BEDROOM FLAT TO RENT DUNDERROW AREA For further details: 021 477 4064 087 134 9584



# **STORAGE**

Secure storage units available in Kinsale. Unit sizes: 200 Sq feet Contact: 087 2429008





LADIES & GENTS HAIRDRESSING The Glen, Kinsale 021 4772030

All Cut & Blow Drys All Lengths €25 Tuesday & Wednesday

Open Tuesday to Saturday 9am to 5.30pm Early/Late by appointment

BEL AMI HAIR STUDIO Pearse Street, Kinsale

formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly

> For appointments contact: 021 477 7337



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# Doctor Cosmetic

NEW AESTHETIC MEDICAL PRACTICE

Specializing in anti-wrinkle injections and facial fillers. Prices from €150.

Dr. Michael Flynn The Riverside Clinic, 9 Penrose Wharf, Cork Tel: 086 224 4542

# NOTICES

# €1000 REWARD

In the wake of the findings of the Mahon Tribunal, the above reward is being offered for information leading to proof, that it is legitimate for public servants or elected representatives to deliberately furnish corrupt information to the electorate regarding the spending of public monies.

Box No. 29/13: c/o Kinsale Advertiser, Emmet Place, Kinsale

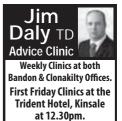
#### Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. A.C.

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Clonakilty Office 023 8858770 Bandon Office 023 8843868 BINE GAEL Please contact the office as times may vary.

# NOTICES



dermot ryan's Kinsale Heritage Town Walks

TOP GUIDE IN IRELAND 2012 AND 2013

#### TRIPADVISOR INDEPENDENT NUMBER ONE ATTRACTION







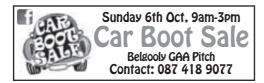
TOURIST OFFICE DAILY AT 10.30am, or 3.00pm BY APPOINTMENT

Call 021 4772729 or 086 8267656 www.kinsaleheritage.com

Kinsale Film Club present CHARITY FUNDRAISER in aid of KINSALE HOSPITAL

Friday 8th November @ Ballinacurra House (Venue kindly donated by Ballinacurra House)

Showing "THE QUIET MAN" Limited to 100 patrons. Tickets €20 available from Kinsale Hospital. Canapés etc, (included in ticket price) will be served at the end of the show and a full bar service will also be available.



#### DON & BARRY'S HISTORIC STROLL KINSALE

FROM THE TOURIST OFFICE @ 11.15am: 7 days a week

Ranked #1 of 23 activities in Kinsale

**OOOO** 206 Reviews

Certificate of Excellence 2013

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"Excellent ...Kinsale's single best attraction" Rick Steves www.HistoricStrollKinsale.com Tel: 087 2500 731 Adults €6 / Children €1 -CELEBRATING OUR 21ST SEASON-



Reunion of The Convent of Mercy Kinsale Leaving Cert Class of 1983

Guess What! It's 30 years since we finished school! If you were part of the above class between 1978 and 1983, a casual get together is planned for the 16th November at Actons Hotel (Bar).

If you are interested in attending please contact: Celine Hurley, Deborah Coleman and Martina McCarthy

kinsaleclassof83@gmail.com

Kinsale Advertiser 021 477 4313 34 Email: info@kinsaleadvertiser.com



**BACCHUS NIGHTCLUB:** DJ Sean, 11.30pm. BLUE HAVEN: Sons of Steve McQueen. 10pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office. 11 15am FOLKHOUSE: Karma Parking, 10.30pm. HAMLETS: DJ Ravz. JIM DALY TD ADVICE CLINIC: First Friday Clinic at Trident Hotel at 12.30pm KINSALE GAA: Open Night, Trident Hotel, 7pm. KINSALE MUSEUM: Open 10.30am -1.30pm. POSITIVE AGEING WEEK: See ad on page 14 for list of events. SILENT BAN JO Old No. 7, 10.30pm. SPANIARD BAR:

FRI 4th OCT

#### Jug A Punch, 10pm.

SAT 5th OCT ARMADA BAR: Live Music. BACCHUS NIGHTCLUB: DJ Mark, 11,30pm. BLUE HAVEN: Crazy Chester, 10pm. BULMAN BAR: Live Music, 10.00pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office, 11 15am

FOLKHOUSE: Prism, 10pm, HAMLETS: DJ Party Night & Cocktail Bar. **KINSALE HARBOUR** CRUISE: Cruise at 2pm. KINSALE MUSEUM: Open 10.30am -1.30pm. **KINSALE OUTDOOR** EDUCATION CENTRE: Climbing/Archery course starts today. **OSCAR MADISONS:** The Thin Line, 10.30pm. POSITIVE AGEING WEEK: See ad on page 14 for list of events. SILENT BANJO: King K, 10.30pm. SPANIARD BAR: For Folk Sake, 10pm. WHARF TAVERN AT THE TRIDENT HOTEL: Easybeats, 9.30pm. WHITE HOUSE:

Pete James, 10.30pm.

#### SUN 6th OCT

ARMADA BAR: Live Music BELGOOLY CAR BOOT SALE: GAA Pitch, 9am - 3pm. BLUE HAVEN: Sonnie & Friends, 9.30pm. BULMAN BAR: Trad Session from 7pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office. 11.15am. FOLKHOUSE: King K, 9pm. HAMLETS: Niall McCabe Band KINSALE HARBOUR CRUISE: Cruise at 2pm. SILENT BANJO: Geese in the Bog, 8pm.

#### MON 7th OCT

Traditional Irish Music with Arundo, 9.30pm. CÉILÍ FIT: Irish Céili and Set Dancing. White Lady Hotel, 8.30pm - 10.30pm. COMMUTE TO CORK CITY FOR FREE: See page 7 for details. DALTONS BAR: Traditional Music. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by

appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office, 11.15am.

#### **TUES 8th OCT**

ARMADA BAR: The Merry Stems. BLUE HAVEN: Sonnie & Friends, 9.30pm COMMUTE TO CORK CITY FOR FRFF See page 7 for details. DALTONS BAR: Traditional Music. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office. 11.15am. FUNDRAISER FOR CRUMLIN CHILDREN'S HOSPITAL: Perryville House, 10am - 5pm. K-CORD: Volunteer Training, Friary Centre, 7pm - 10pm. (Also on 15th and 22nd) WED 9th OCT ARMADA BAR: The Merry Stems.

BLUE HAVEN: Niall McCabe Band. 9.30pm COMMUTE TO CORK CITY FOR FREE: See page 7 for details. DERMOT RYAN'S HERITAGE WALKS 10.30am from the Tourist Office. 3pm by appointment. FOLKHOUSE: Jacked Up Mikes. 9.30pm DON & BARRY'S HISTORIC STROLL: The Tourist Office, 11.15am. KINSALE MUSEUM: Open Weds to Sat 10.30am -1.30pm.

#### THURS 10th OCT

**BACCHUS NIGHTCLUB:** with DJ Mark, 11.30pm. BLUE HAVEN: Comedy with Brendan Grace, 8pm. Traditional Irish Music with Arundo, 9.30pm. COMMUTE TO CORK CITY FOR FREE: See page 7 for details. DALTONS BAR: Traditional Music. DERMOT RYAN'S HERITAGE WALKS: 10.30am from the Tourist Office. 3pm by appointment. DON & BARRY'S HISTORIC STROLL: The Tourist Office. 11.15am. FOLKHOUSE: The Frets, 9.30pm. HAMLETS: King K. WHITE HOUSE: Shane & Friends, 9pm.

For upcoming events from Friday 11th October please check www.kinsaleadvertiser.com/whats-on







## www.kinsaleadvertiser.com

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